



Central and
North West London
NHS Foundation Trust

Check in & Chat

We're here for you



Wellbeing for life

The Check In and Chat phone service is for vulnerable patients across CNWL who may have been advised to 'shield' or those who simply need a little extra listening support.



The team of trained volunteers are offering patients the chance to chat about how they are getting on and learn more about their local support services.

This is to help people who may feel lonely or need signposting to support to stay safe and well.

Our Check In and Chat service compliments primary and secondary services that patients are currently receiving from CNWL.

We are happy to schedule calls, between 9am and 5pm, Monday to Friday at a mutually agreeable time and frequency for patients.

How to access our service

If you have patients on your caseload that you feel will benefit from having extra listening support, then we look forward to receiving a referral from you. You can contact us or send your completed referral form to **cnwl.check-inandchat@nhs.net**

The referral form is available to download on the Coronavirus page of Trustnet under Check In and Chat.