



Wellbeing Thursdays

Join Us for Wellbeing Thursdays!

A warm, welcoming, and safe space to meet, chat, support each other.

- Social outings
- information sessions
- Influencing change

When:

Thursdays from 11 AM – 1 PM

Where:

Ashford Place, Ashford Road, Cricklewood, NW2 6TU

Interested? **Contact Sherron** at info@ashfordplace.org.uk or **Danny** on **020 8208 8591** for more details.

Membership Only

Refreshments Provided

Funded by:

Wates Family
ENTERPRISE TRUST

